

# Cardiology Conference for Primary Care

Saturday, Oct. 8, 2011  
8 a.m. - 3:30 p.m., Flagstaff

## STATEMENT OF NEED

The vast and growing field of cardiology is constantly in a state of evolution with new procedures and medications being introduced. The cardiovascular-compromised patient's care needs to be coordinated with the primary care physician and cardiovascular specialists for optimal outcomes and appropriate referrals.

## PURPOSE & OBJECTIVES

Upon completion of this educational activity, participants should be able to:

1. Discuss new methods of diagnosis, treatment and medical management of various cardiac illnesses.
2. Identify indications, pros and cons of appropriate cardiac testing.
3. Describe the role of primary care physicians in pre- and post-care of cardiac patients.

## TARGET AUDIENCE

Primary care physicians, nurse practitioners, physician assistants and other healthcare providers who work with primary care patients.

**DISCLOSURE:** In the interest of complete disclosure, the speakers at this CME Activity and the committee involved in the planning of this activity have signed a financial disclosure form and have no conflict of interest with any commercial entities or products that may have an interest in this program. This is intended to make you aware of the faculty's interest, so you may form your own judgments about such materials.

Flagstaff Medical Center is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

Flagstaff Medical Center designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits*™.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE credits approved by the California Board of Registered Nursing #10612.

## COST/CANCELLATION POLICY

The cost for this program is \$50. Refunds are available less a \$25 administration fee. No refund is issued if cancellation occurs within five business days of the course.

## AGENDA

**7:30 a.m.**  
**Registration and Continental Breakfast**

**7:50 a.m.**  
**Introduction**  
Steven Lewis, M.D., Chief Medical Officer, Flagstaff Medical Center

**8 a.m.**  
**Evolving Approaches to the Management of Atrial Fibrillation**  
Nisha Tung Takher, M.D., Clinical Cardiac Electrophysiology

- Recognize symptoms and risk factors of atrial fibrillation
- List complications of atrial fibrillation
- Discuss the current treatment options of atrial fibrillation, including the latest recommendations for anticoagulant therapy

**9 a.m.**  
**Modern Concepts in Diagnosis and Management of Peripheral Arterial Disease**

Eric Cohen, M.D., F.A.C.C., F.S.C.A.I., Interventional Cardiologist

- Discuss the criteria for diagnosis of peripheral arterial disease and its risk factors
- Differentiate the various diagnostic tests for peripheral arterial disease
- Summarize current management of peripheral arterial disease, including noninvasive treatment and minimally invasive procedures

**10:15 a.m.**  
**Coronary Artery Disease: Past, Present and Future**  
Omar Wani, M.D., F.A.C.C., F.S.C.A.I., Interventional Cardiologist

- Discuss the appropriateness criteria for management of coronary artery disease
- Describe various coronary revascularization procedures and their indications
- Review updates in medical management of the cardiac patient

**11:15 a.m.**  
**Congestive Heart Failure: What Every Primary Caregiver Needs to Know**  
Uri Elkayam, M.D., F.A.C.C., Professor of Medicine

- Identify the most common precipitating causes of acute heart failure
- Discuss the current management and therapy of congestive heart failure
- Review strategies to manage heart failure as an outpatient

**12:15 p.m. - 1:30 p.m. — Lunch Break**  
(sponsored by Heart & Vascular Center of Northern Arizona)

**1:30 p.m.**  
**How to Interpret a Lipid Profile**  
Kenneth Bescak, M.D., F.A.C.C., Diagnostic Cardiologist

- List the components of the lipid profile and their clinical relevance
- Explain the significance of an abnormal lipid profile
- Specify measures and treatments which can improve the abnormal lipid profile

**2:30 p.m.**  
**Minimally Invasive Coronary Artery Bypass Graft Surgery**  
Steven Peterson, M.D., F.A.C.S., Cardiothoracic and Vascular Surgeon

- Define minimally invasive coronary artery bypass graft surgery in comparison with traditional CABG
- Discuss the indications for minimally invasive CABG surgery
- Contrast the differences in the recovery period between mini-CABG and traditional CABG surgery

**3:30 p.m.**  
**Adjournment**

## CONFERENCE FACULTY

**Kenneth Bescak, M.D., F.A.C.C.**  
Diagnostic Cardiologist  
Heart & Vascular Center of  
Northern Arizona  
Cottonwood and Flagstaff, AZ

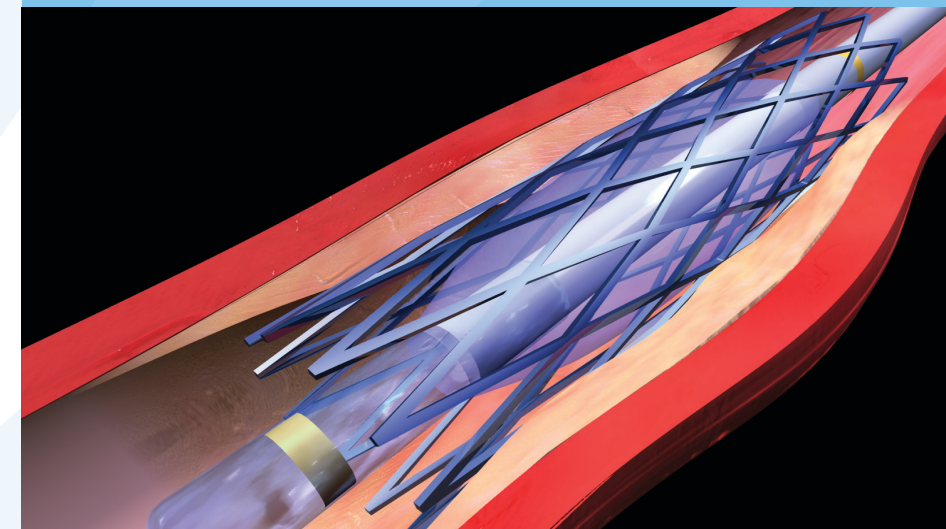
**Eric Cohen, M.D., F.A.C.C., F.S.C.A.I.**  
Interventional Cardiologist  
Heart & Vascular Center of  
Northern Arizona  
Flagstaff, AZ

**Uri Elkayam, M.D., F.A.C.C.**  
Professor of Medicine  
Professor of Obstetrics and Gynecology  
University of Southern California  
Los Angeles, CA

**Steven Peterson, M.D., F.A.C.S.**  
Cardiothoracic and Vascular Surgeon  
Heart & Vascular Center of  
Northern Arizona  
Flagstaff, AZ

**Nisha Tung Takher, M.D.**  
Clinical Cardiac Electrophysiology  
Affiliated Cardiologists of Arizona  
Phoenix, AZ

**Omar Wani, M.D., F.A.C.C., F.S.C.A.I.**  
Interventional Cardiologist  
Heart & Vascular Center of  
Northern Arizona  
Flagstaff, AZ



## Luncheon Sponsor

### HEART & VASCULAR CENTER OF NORTHERN ARIZONA

The Heart & Vascular Center of Northern Arizona is a regional cardiovascular physician practice serving Northern and Central Arizona. The practice includes general and interventional cardiologists and cardiothoracic and vascular surgeons.

HVCNA is a service of Flagstaff Medical Center and Verde Valley Medical Center. Physician clinics are located in Flagstaff, Cottonwood, Camp Verde, Sedona and Winslow.

LOCATION: High Country Conference Center, 201 W. Butler Ave., Flagstaff, AZ 86001

**To Access On-line Registration:**

Go to the Education Web site at [NAHealth.com/education](http://NAHealth.com/education); **Click on** "Classes/Training Programs - Non-NAH Employees"; **Create** an account at this time; **Click on** Classroom Training; **Choose** the class you wish to register for. Fill in the required/requested information; **Click on** "Submit" at the bottom of the form"; **You will then be registered by the Education Department for the upcoming course and a confirmation letter will be sent.**

**Cardiology Conference for Primary Care Registration Form**

(Please print)

Name \_\_\_\_\_ Title  MD  DO  PA  FNP  RN  Other \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_  
Professional specialty \_\_\_\_\_  I will attend lunch  Special Diet/Vegetarian \_\_\_\_\_

**The cost for this conference is \$50. Please complete the following:**

Check enclosed  Government P.O. \_\_\_\_\_  Visa  Mastercard

Card number \_\_\_\_\_ Exp. date \_\_\_\_\_ Signature \_\_\_\_\_

Please fax this registration form with payment information to 928 773-2430, or detach and mail with \$50 fee (make checks payable to Flagstaff Medical Center) to: Flagstaff Medical Center Education Department, 1200 N. Beaver St., Flagstaff, AZ 86001 by Monday, Oct. 5. After Oct. 5, please contact us at 928 773-2418.

**NOTE: Registration is refundable only if cancellation is received by Monday, Oct. 5. Refunds available less a \$25 administration fee.**



Flagstaff Medical Center  
Northern Arizona Healthcare

Education Department  
1200 N. Beaver St.  
Flagstaff, AZ 86001

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F L A G S T A F F



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