

# WHAT'S UP?

## FMC PHYSICIAN NEWSLETTER

March 2010

### 2010 Physician of the Year: Congratulations to Alice Berger, M.D.

Congratulations to Alice Berger, M.D., pediatrician, who has been named FMC's 2010 Physician of the Year. Alice will receive FMC's 17th annual Healing Excellence and Leadership (HEAL) award at a ceremony on Tuesday, March 30, as part of FMC's celebration of National Doctors' Day.

Each year, FMC presents the HEAL award to a physician on its active staff who exemplifies the mission, vision and values of FMC by working in partnership with the hospital to provide excellent healthcare services to patients and the community. This year, 24 physicians were nominated for the award by FMC staff, physicians, volunteers and board members.

In nomination forms, Alice was recognized for her efforts in working with nurses from FMC's Emergency Department and local agencies to help pass Flagstaff's new bicycle helmet law to protect children from head injuries, her advocacy and influence with FMC's medical staff during recent discussion about FMC's Pediatric Intensive Care Unit and her leadership role as the medical chairperson of FMC's Pediatric Department.

Additionally, Alice was recognized for her contributions to fighting childhood obesity. Alice was on the founding Board of Directors of Northern Arizona Healthcare's Fit Kids of Arizona Program. More than 300 children have been referred to the program.

Alice is a pediatrician at Mountain View Pediatrics. She and her husband Rob Berger, M.D., general and bariatric surgeon, moved to Flagstaff



in June 2004. Since that time, both have been on FMC's active medical staff. Alice earned her medical degree at the University of Arizona Medical School in 1997 and completed her Pediatrics Residency at the University of Arizona Medical Center in 2000.

Previous HEAL recipients include Andrew Aldridge, M.D.; Tamara Johnson-Baack, M.D.; Jeffrey Christenson, M.D.; Edgar Clark, M.D.; John Durham, M.D.; Theodore Lewis, M.D.; Jerry Mohr, M.D.; John Mouglin, M.D.; Richard Neff, M.D.; Brad Noblett, M.D.; Mark Peterson, D.O.; Stephen Ritland, M.D.; Kenneth Salce, M.D.; Harnath Singh, M.D.; John Steenbarger, M.D. and Dan Wesche, M.D.

Please join me in congratulating Alice.

*cont'd.*



**Flagstaff Medical Center**  
Northern Arizona Healthcare

## Center of Excellence milestone achieved

Rob Berger, M.D., and Andy Aldridge, M.D., together with FMC have received national recognition as a Bariatric Surgery Center of Excellence certified by the American Society for Metabolic and Bariatric Surgery. This designation acknowledges the excellence of FMC's surgical weight loss program and the surgeons who are dedicated to providing high-quality care and services.

To earn the Bariatric Surgery Center of Excellence designation, FMC's Bariatric Surgical Weight Loss Center and bariatric surgeons participated in an extensive evaluation process. To be recognized as a COE, a program must provide safe and effective bariatric surgical care including excellent short- and long-term results. The evaluation process focused on processes, equipment, supplies, training of surgeons and staff, and patient support. Also emphasized were positive surgical results including weight loss and resolution of other weight-related health issues.

FMC began offering bariatric surgery in 2004. Since that time, nearly 500 patients have had this surgery at FMC, and more than 200 people are expected to turn to FMC in 2010 for weight loss surgery. Rob is medical director of the program.

Congratulations to everyone for creating this program and for the physician and hospital teamwork that made it great.

## Order Set (PowerPlan) Review for CPOE

NAH is beginning the construction of order sets (called PowerPlans in Cerner) for CPOE (computerized physician/provider order entry).

We anticipate that more than 80 percent of orders will be placed through PowerPlans, making CPOE faster and easier with improved clinical decision-making.

All physicians who work in the hospital are invited to participate in this process. Fortunately, most PowerPlans will be built by merging existing FMC and VVMC paper order sets (already familiar to our physicians), with Zynx (a catalog of order sets that are evidence-based). The review and comment on these new merged order sets by



appropriate physicians is generally quick and easy using Zynx ViewSpace.

Physicians will be sent an email to inform them an order set pertinent to their practice is available for review and comment. A link will be present in the email which will take the physician directly into Zynx and to that specific order set. In each email, simple instructions for review and comment are found beneath the URL.

Physicians will be able to review the orders, read any comments made by other reviewers, and make their own comments. After the review time has expired, the Physician Lead for each department or specialty will reconcile the comments and orders to produce the final order set which will remain in Zynx as well as being moved to Cerner as a PowerPlan. These final order sets will be evaluated to determine if they require approval of the Pharmacy and Therapeutics Committee. Once approved, the order sets will be available as PDFs that can be printed prior to CPOE.

NOTE: Emails to physicians will be sent to their **NAH address**. If you prefer a different email address or if you are not receiving emails or experience any problems reviewing or commenting on order sets, please contact Christy Ross at 607-8848 or by email at [christy.ross@nahealth.com](mailto:christy.ross@nahealth.com).

This is your opportunity to influence the content of CPOE. The physicians working to develop CPOE strongly encourage you to participate in this process.

## CME survey results

Thank you to all who participated in the 2010 FMC CME Needs Assessment Survey in December.

The survey provided some valuable insights about how we can better meet physician needs regarding CME.

Tuesdays and Wednesdays appear to be the best days to offer programming, and lunch times were ranked the most popular. That being said, you also asked for variety of times in CME offerings.

You also told us that a more predictable schedule of CME events would help you build them into your schedules, which is the number one obstacle to you attending CME events at FMC.

The CME Committee and FMC CME Coordinator will be using this survey information to shape the programming offered this year. Thank you for your valuable input.

