

Spine Surgery Center  
Preop Education Class Absentee Letter  
September 2008

Hello there,

You are receiving this letter because you are unable to attend the Spine Surgery Center Preop Education Class. We want you to have an excellent outcome following your spine surgery and there are some things you need to know ahead of time to help achieve this goal. First and foremost, we believe that you are healthy and having a procedure to get better. While you may feel sick at some point during your stay, we encourage you to get out of bed, get dressed in your own clothing and participate in activities to help your healing process. Our entire program is geared toward getting you home within a safe timeframe without complications. You are an active participant in your recovery and we need your help to achieve your goals.

You will be receiving a ***Spine Surgery Patient Guidebook*** from the preadmission nurse at Flagstaff Medical Center. This book contains valuable information to help you recover quickly and safely. Please make sure you and your support people read this book before coming in for your surgery and bring it with you on the day of surgery.

Included with this letter, if you are receiving this letter from a preadmission nurse, and on a link on the Flagstaff Medical Center website is a copy of the Spine Surgery Center Preop Education Class Power Point. If you have any questions concerning the information, please call Sherry Mace at 928-214-2812.

Sincerely,  
Sherry A. Mace MS, FNPc  
Spine Care Coordinator, FMC

**Let us help you *Reach Humphrey's Peak***

